VerDarLuz

<u>verdarluz@gmail.com</u>

+1-503-422-9489

skype verdarluzlocolobo

WORK divinetiming coaching.com

ONLINE COURSES and TEACHING divinetimingonlineschool.zenler.com

MUSIC soundcloud.com/verdarluz celestiowl.bandcamp.com

PERFORMANCE https://www.youtube.com/channel/UCkdUatG7mq4TY3AOZSyrGHw

BIO

VerDarLuz is an international teacher, Life and Business Coach, Tantric Educator, Shamanic Astrologer, and performing artist. He is the creator of multiple online courses, which can be found at Divine Timing Online School. He has written two books on archetypal astrology and consciousness, Codex of the Soul and Aquarius Dawns.

His work focuses on the awakening and enlightenment of the soul utilizing shamanic techniques including Evolutionary Astrology, Human Design, dance, past life therapy, ecstatic breathwork, shamanic healing, and sacred sexuality to empower, inspire, and fulfill clients' creative life mission. He has been blessed to travel, volunteer, and study in over 30 countries and teach in 10 of those countries.

PROFESSIONAL BACKGROUND

Life and Business Coach including Astrology, Human Design, and Numerology - 2005-Present

Author:

Codex of the Soul: Astrology, Archetypes, and Your Sacred Blueprint - 2010 Aquarius Dawns: The Shamanic Artist and the Rise of the Wounded Healer -2012

Courses:

-10+ Courses on <u>udemy.com</u> and DivineTimingOnlineSchool.com

Teaching:

-Monthly teleclasses

-Yoga and Dance Studios in Florida, Colorado, Oregon, California, New

York, Wisconsin, Minnesota, Texas

International Speaker and workshop leader

Astrology Group Teachings

Roma; NCGR; Denver Astrology Group

Festival Teaching:

Dakini - 2018

Samsara - 2017

Tantra Festival: Portugal, Poland, Copenhagen - 2018 and 2016

Ozora - 2016

Sonic Bloom - 2014, 013, 2012, 2011

Arise - 2014

Synthesis Festival - 2012

Lightning in a Bottle - 2012, 2010

Symbiosis - 2012, 2009, 2007

Beloved - 2012, 2010

Art Outside - 2012

Boom - 2010

Burning Man - 2007

TESTIMONIALS

"My coaching experience with VerDarLuz has been transformative, grounding, and constructive. Through his guidance I have been able to deepen and attune my inner voice and create vision for the future." - Marisa Espinoza

"I am so grateful for the work that VerDarLuz is doing. The Sacred Relating workshop on Venus and the Divine Feminine really showed me to myself. Now I feel empowered to be myself in my relationships and also trust my own needs. Thank you so much!" - Erin McHugh

"You created the container where we could feel safe and step outside of our comfort zone. You held us in the palm of your hand, gently guiding us to heightened awareness. Thank you so much for this work.

"VerDarLuz is a blessing to any community that is lucky enough to share time with him. The positive, synergistic effect he has on the communities he serves fosters emotional transformation through direct transmission, leaving audiences empowered and inspired. In Denver we are blessed a thousand-fold for the polyrhythmic layers and passion he brings to both his guitar and DJ offerings, and for the many ways he shows up in dedication to local and global evolution."

- Ahva Lenay Rhythm Sanctuary Ecstatic Dance Ritual Midwife ARISE Music Festival Co-ordinator

DJ and LIVE MUSIC

CelestiOwl Ecstatic Dances

Since 2010 - CelestiOwl's Ecstatic Dance DJ sets invoke the world community through a tribal journey of evolution, weaving genres of Downtempo, Psychill, Psytrance, Global Bass, World Beat, Deep House - including live Guitar over tracks - soundcloud.com/verdarluz

Sound Healing: Shamanic Sound Odyssey

In this deep listening circle, participants lay down with their heads in the center of a circle and listen to live guitar, Turkish saz, and ambient electro-orchestral shamanic journeys. We then process our experience silently thru drawing, poetry, and dance. At the close, we share our journeys with the group.

WORKSHOP OFFERINGS

SACRED MOVEMENT: EMBODIED ARCHETYPES

Zodiac Dance, Astro-Yoga, and Astrolo-Chi Kung

Astrology is not just up in the stars - it's right here in our bodies!! This workshop will instruct people on how to celebrate all 12 astrological archetypes through their bodies. We begin with a warmup that opens each part of the body thru its astrological correspondence. We will then focus on breath practices (pranayama) for each of the four elements. Then subsequently move into Zodiac-Yoga and Celestial Chi Kung to teach various postures, movements, body parts, and health practices that are associated with each sign of the zodiac.

Then participants will be guided on an evolutionary ecstatic dance journey through the zodiac, playing and expressing the archetypes thru authentic movement. Everyone will leave with a fun, experiential, and deeply embodied understanding of the 12 Signs of the Zodiac.

We will also discuss the astrological house which corresponds to the study of health and how this knowledge can be applied in your daily practice for greater self-awareness, empowerment, and overall holistic wellness.

AstroShamanism and the Chakra Power Animal Dance

In Astrology, the planets represent evolutionary urges and primal intelligences vibrating from the core of our soul. In this workshop, we will explore the meaning of each planet and its corresponding chakra associations through ecstatic movement, mantra, and lecture. We will learn the seed syllables for each chakra and the mantras for each planet.

Using tribal, electronic, and evocative dance music, we will also invoke and locate our personal power animals for each planet and chakra and shapeshift into their energies through dance. In this process, we will discover an individual totem pole spiraling through our energy body, which can help to sustain, nourish, and empower us through these cathartic times.

FAMILY and COUPLES' RELATIONSHIPS

Evolving Intimacy with Tantric Astrology and Sacred Circling

In this workshop, we will explore new partnership paradigms such as open relating and handfasting and how relationship models and sexual orientations are evolving in the emerging Aquarian Age. You will learn how to honor your version of the god and goddess as we discuss the relational and sexual masks of the divine masculine Mars and the sacred feminine Venus.

Our workshop will culminate with our Sacred Circle practice. Sacred Circles are reverential and playful ritual circles we create to honor and adore each other. Utilizing eyegazing, contemplative questions, and the archetypes of the zodiac, we rotate partners in a sacred sharing to help participants discover the full spectrum of their souls—from holding patterns, to challenging edges, to places of power, and zones of bliss.

Come solo, with friends, or with your beloved for this magical cauldron of divine remembrance!

Unleash your Child's Genius: Evolutionary Parenting and Revolutionary Education

Parenting and education are the most profound and important arts known to humanity, and they are evolving. As a parent, we wish to support our child's development in every way possible. This workshop will focus on specific tools you can use to nurture your child's gifts from the very beginning, without delaying or ignoring the creative blossoming of your magical child.

You will be introduced to the role of Evolutionary Astrology and Human Design in understanding your child's energy and how it interacts and responds with your own. We will discuss the 12 Learning Styles represented by the child's Mercury position and specific environments which can best nourish the child's way of processing information. We will discuss key development and initiation stages in

a child's life and how best to prepare for them. We will also explore synastry charts, which help to decipher the soul contracts between parent and child.

How do Astrology and Human Design help us to learn whether we should homeschool, unschool, or publicly educated our children? And what are some of these new Aquarian age models of education which are succeeding in helping the next generation to flourish?

If you have your child's birth chart as well as your own, please bring them for example or their birthdate/time/place

We will also share in a potluck following the talk, so bring a delicious dish to share!

Conscious Relating with Human Design

In this workshop, we journey into Human Design— a system which integrates the I Ching, Astrology, Kaballah, and the Chakra system into an emerging self-awareness system spreading rapidly all over the planet. This profound tool teaches powerful skills to help you individuate, empowering you to become the most authentic possible version of YOU.

You will learn about Human Design's 5 Energy Types, their decision-making strategies, and the 9 Energetic Centers. We will explore how Human Design can be used to improve and enlighten your relationships, your family dynamics, your career path, and your spiritual awakening. We will focus on how to cultivate conscious, compassionate relationships using this illuminating tool.

From Karma to Dharma: Sacred Relations and Soul Contracts

What is your version of the sacred partner? How can you recognize instant soulcontracts, destined meetings, and the most fulfilling relationships? What are the astrological signatures for harmonious relationships and sacred partnerships?

In this workshop you will discover the power of Evolutionary Astrology to improve and enlighten your love and sex life. This workshop is both for beginners or intermediate students of astrology.

You will learn:

- The Many Astrological Factors of Relationship Intent, Marriage, and Soul-Contracts
- The 5 Essential Keys to Evolve Intimacy now
- How to Move from Karmic to Dharmic Partnerships
- Asteroid Juno and Commitment, Sacredness, and Fairness in Relationship
- The Myth of Juno and Jupiter (Hera and Zeus)
- Finding Soul-Mates: Love Lines in Astrolocality
- The Composite Chart and the Two-as-One
- The 7th and 8th Houses: Relationship, Sexuality, Intimacy, and Soul-Bonds
- How to Recognize Destiny Encounters with the Nodes of the Moon
- Many Famous Chart Examples to elucidate the theme of soul-contracts
- Upcoming Star Cycles that highlight conscious relationship
- Simple, but profound Practices to enhance intimacy and sacredness between

The Aquarian Age and New Relationship Paradigms

Does anything make us more wild, more inspired, or more passionate than our relationships? In this workshop, we will explore the shifting landscapes of love in our hyperpaced modern age.

We will discuss:

- Diverse partnership paradigms such as open relating, polyamory, and monogamy.
- How relationship models are shifting in the emerging Aquarian Age.
- Handfasting and Rituals of Re-commitment
- How technology affects our desires and our interactions.
- Moving beyond judgment into joy and devotional partnership
- How to create new conversations built on transparency and compassionate communication, while still maintaining healthy boundaries of self and other.
- How Astrology can benefit all your relationships
- Recognizing the versions of the Divine Masculine and Feminine you wish to be honored for in relationship.

- Locations on the planet specific to you that can enrich your relationship or help find harmonious partners
- An introduction to the Human Design system, an evolutionary tool to help you both live authentically AS YOU while supporting and understanding your beloved better.
- How simple Tantric practices can help to deepen your intimate bonds and open up new pathways of connection, pleasure, and joy in your relationships.

PLANETARY RITES of PASSAGE: Astrological Initiation Cycles from Youth to Mid-Life

The planets are intelligences and psychological forces within us which return in regular cycles of initiation These archetypal rites of passage create situations and circumstances in our lives, acting as gateways all souls will have to pass through during this lifetime The planetary forces represent evolutionary thresholds in our journey of ascension. Knowing the rites of passage helps us to compassionately support our own, our children's, our lover's, and our family member's initiatory experiences.

In this workshop, we unlock the mysteries of many rites of passage such as the 7 year Saturn cycle, including the Saturn Return at 28-30 and 58-60, the Lunar Return at 27 and 54, the 12 year Jupiter Return, the Chiron return at 50, and the midlife cycles of Uranus, Neptune, and Pluto. We will also invoke the planetary characters through dance and theatrical movement to embody the medicine of these archetypal teachers.

SHAMANIC PRACTICE

Ecstatic Breath Empowerment: A Shamanic Journey

The Breath is our vehicle for life and a vessel to release old patterns, resistances, and wounds. In this workshop, we will dive deep into the breath to heal, transform, and enlighten us through a cathartic and powerful connected breathing practice and a guided musical journey through the chakras.

In addition, we will discuss the importance of Rebirthing as we explore birth trauma and the patterns it forms in our relationships and lives.

We will begin the workshop with sacred breath practices from China and India, as we practice Zodiac QiGong and Pranayama. We will also practice partner breathing, and integrate tantric wisdom, affirmations, and invocations into our journey together.

BUSINESS

Practical Astrology - Business Success, Harmonious Relations, and Strategic Relocation

In this interactive workshop, we demystify astrology by exploring how we can benefit from applying this ancient wisdom practically in our daily lives. We explore:

- How do Mars, Venus, and other planets help us to nurture healthy, authentic relating?
- What role can astrology play in finding the most fulfilling career paths, in guiding a business to its greatest success, and in harmonizing with the most auspicious timing?
- How can I find my power places around the earth for love, community, career success, and spiritual growth, through AstroLocality and when should I relocate or travel to these vortices?
- What initiation cycles am I in or about to embark upon and how can I be prepared and empowered for these Planetary Rites of Passage?